



Brainspotting with Kids & Adolescents

Online Only

Monika Baumann, Psychologist

21 CE Hours Available (see below for details)

BRAINSPOTTING with Kids & Adolescents

This workshop teaches the use of Brainspotting with children, from a very young age (babies) to late adolescents. A variety of ways to access deep processing will be explained through presentations, video, client demonstrations and practicums.

During these three days, a joyful and creative atmosphere will be used to increase understanding and clearly explain the following topics:

- The attunement of the therapist, client and therapeutic access - Attitude, Challenges and Adaptations.
- BSP Setup Possibilities with kids and adolescents - How we setup the session e.g. Creativity, Double Effect (theory and practicums).
- Uncertainty and the dual attunement frame, with kids and adolescents - Uncertainty, Relational Attunement and Neurobiology Research.
- Understanding development stages (A. Freud) and how to utilize Brainspotting for each age and developmental state.

Working with Families, Communities and Children:

- Adults included in Therapy, Community Settings for Brainspotting "Frame in Frame".
- Deepen Parts Work and understanding of Parts Work.
- Children & child parts of teens & adults, confronting the trauma.
- Discovering the child in us as clinicians.

WHO CAN TAKE BRAINSPOTTING with KIDS & ADOLESCENTS?

This training is available to anyone who has completed a supervised Brainspotting Phase 1 course (Including Online).

Meet the Trainer: Monika Baumann

Clinical Neuropsychologist, Family Therapist



Monika Baumann is an internationally known Brainspotting Trainer, seminar leader, and speaker. She has over 25 years of clinical experience with multiple specializations, including working with kids.

Monika was always interested in treating all age groups during her work in Austria and Paraguay. After she was trained in Brainspotting, she gained a lot of experience with kids and adolescents while involved with various social projects in Paraguay.

Continuing this experience in both countries, she developed in conjunction with Dr. Martha Jacobi, a Brainspotting with kids and adolescent training. This specialty class is highly supported by Dr. David Grand.



WHEN

November 6 - 8, 2020

SCHEDULE

Friday, November 6:
9:00 am - 6:00 pm (Pacific)
Saturday, November 7:
9:00 am - 6:00 pm (Pacific)
Sunday, November 8:
9:00 am - 6:00 pm (Pacific)

WHERE

Online via Zoom Conferencing

@ St. Anne's Conference Center

Los Angeles, CA 90026

Live Portion Cancelled

TICKET COST

Early Bird (Ends 9/25): \$745

Standard: \$795

Late (10/26 or later): \$845

Non-working graduate/doctoral students: \$400

To Register:

<https://www.pacifictraumacenter.com/events/brainspotting-for-kids-adolescents-los-angeles>

For more information:

[https://](https://www.pacifictraumacenter.com/trainings)

www.pacifictraumacenter.com/trainings

For clinical questions contact

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For administrative questions

contact Peter Fitch at:

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(916) 715-8326

CONTINUING EDUCATION

21 CE's are available

R. Cassidy Seminars will provide the processing of CE Certificates (\$30 fee):

<https://www.academeca.com/CEUReg/SeminarInfo.aspx?seminarId=3419>