



Expansion Brainspotting

With Lisa Larson, LMFT

Online via Zoom Conferencing

14 CE Hours Available - 3 Days
(see next page for details)

Expansion Brainspotting Overview

Expanding and Unleashing our Client's Infinite Potential, Passion and Performance

Expansion Brainspotting can help reduce the profound suffering of our most vulnerable clients. It is also effective in helping client's improve performance, as well as strengthening their desired states of being. Expansion Brainspots have infinite healing potential. They are far more potent in resourcing our clients than the Body Resource, which is limited to a SUDS of 0 to 10. In addition, Expansion Brainspots improve positive neural networks, accelerating the desired change and transformation, with bottom up processing.

Attendees will learn to do Double Spotting with Activated and Expansion Brainspots. Stand-alone Expansion work allows athletes, artists, and every kind of performer, to achieve the highest performance and creativity levels. It is also useful for clients seeking to connect or reconnect to a desired state of being.

Techniques taught with Power Point lecture, discussion with Q & A, demonstrations and practicums. Practicums will be done online with partners to strengthen your confidence in utilizing Brainspotting online.

WHO CAN TAKE EXPANSION BRAINSPOTTING?

This training is available to anyone who has completed an in-person or online Brainspotting Phase 1 course.

Meet the Trainer: Lisa Larson, LMFT



Lisa is the founder and owner of Pacific Counseling and Trauma Center. She has been in the counseling field for twenty years. Her passion is healing the traumatized and mentoring other therapists to be outstanding trauma clinicians. Her specialties are trauma, PTSD and utilizing Brainspotting with individuals, couples and families.

WHEN

August 27 - 29 2021

SCHEDULE

Friday 8/27:

9:00 am- 2:30 pm (Pacific)

Saturday 8/28:

9:00 am- 2:30 pm (Pacific)

Sunday 8/29:

9:00 am- 2:30 pm (Pacific)

WHERE

Online
via Zoom Conferencing

TICKET COST

Early Bird (Ends 7/16): \$545

Standard: \$595

Late (8/16 or later): \$645

University Students: \$400

To Register:

[https://www.pacifictraumacenter.com/
events/expansion-brainspotting-
august-2021](https://www.pacifictraumacenter.com/events/expansion-brainspotting-august-2021)

For more information on
training go to:

<https://>

[www.pacifictraumacenter.com/
trainings](https://www.pacifictraumacenter.com/trainings)

For clinical questions contact

Lisa Larson at:

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916-712-0226

For administrative questions

contact Peter Fitch

at: pdfitch2000@gmail.com or
(916) 715-8326

Learning Objectives

- Use expansion Brainspots for your most fragile clients and high functioning ones.
- Explain, through step by step instructions, demonstrations, and practicums how to effectively find Expansion Brainspots.
- Demonstrate effective Expansion Brainspotting in elevating performance for athletes and performers.
- Use expansion work exclusively to unleash infinite possibilities and potential in your clients.
- Apply double spotting with Activation and Expansion Brainspots to clear trauma and strengthen neural networks for desired states of being (spirituality, creativity, life balance, etc.)
- Find positive cognitions inside of the client to use to extinguish the opposing negative belief(s) that are sabotaging their lives.
- Identify the core elements necessary for an effective intake with athletes and other performers. You will be given simple to use intake forms.
- Appraise all of the underlying beliefs and traumas leading to the unwanted thoughts or behaviors proving to be injurious to the client's life and performance.
- Collect a thorough list of ideas for creative and effective expansion spots to use with a broad spectrum of clients.
- Locate powerful expansion spots that enhance connection with Spiritual Resources, benevolent ancestors, pets, places that are sanctuaries, etc.

TESTIMONIALS

"Lisa Larson is one of the most skilled and knowledgeable instructors I've ever had the pleasure of learning from. Her courses are well-organized, interesting and chock-full of new information." - Expansion Brainspotting Evaluation

"Lisa is amazing! What a dynamic and soulful instructor she is! One can tell how much she loves BSP and her profession and how much she believes in miracles in everyone whom she comes in contact with. Her positive healing energy is infectious. A truly wonderful teacher and influencer! Highly recommend all Lisa's trainings!" - Expansion Brainspotting Evaluation

"Lisa is an awesome trainer and teacher! She is passionate about the material as well as the people she teaches!" - Expansion Brainspotting Evaluation

CONTINUING EDUCATION CREDITS

14 CE's are available

R. Cassidy Seminars will provide the processing of CE Certificates.

www.academeca.com/CEUReg/SeminarInfo.aspx?seminarId=3390